

Do you, or someone you know, suffer from Fibromyalgia, or Chronic Fatigue Syndrome?

Join FM-CFS Canada as we debut:

The Future is Hope

A Video Series of Ordinary People Sharing their FM-CFS journey

Life is about the little things. Walking the dog. Playing with your grandchildren. For those with fibromyalgia, a devastating chronic pain condition with no known cause or cure, even these little actions are sometimes impossible. In this innovative video series, ordinary Canadians share their stories of battling, overcoming and living with FM and CFS.

TIME and DATE: June 1, 2010 7:00 to 9:00 pm.

LOCATION: 523 St. Anthony Street, Ottawa (Off Preston St. at the

Queensway), Main Hall.

*Hall is accessible via elevator

COST: FREE. Donations gratefully accepted.

Preview the video and learn more about us at: www.fm-cfs.ca

Join us June I, and help erase fibromyalgia ... because pain-free is possible!

FM-CFS Canada is a registered Canadian charity devoted to helping people suffering from Fibromyalgia and Chronic Fatigue Syndrome.

